

## BREAKFAST

|   |      |
|---|------|
| 2 ORGANIC SOFT BOILED EGGS W. BREAD & JAM         | 7    |
| BELGIAN WAFFLE W. PEAR COMPOTE & PURE MAPLE SYRUP | 8    |
| HOMEMADE GRANOLA PARFAIT W. EUROPEAN STYLE YOGURT | 6    |
| HOMEMADE SWISS BIRCHER MUESLI W. BERRIES          | 6    |
| CROISSANT   | 2.75 |
| PAIN AU CHOCOLAT                                  | 3    |
| SUGAR BRIOCHE                                     | 2.75 |
| CHOCOLATE ALMOND CROISSANT                        | 3.50 |
| FRESH ORGANIC FRUIT SALAD                         | 5.5  |
| ORGANIC EUROPEAN STYLE YOGURT & BERRIES           | 5    |
| CHOCOLATE CANELE                                  | 2.5  |
| WILD BERRY CRUMBLE                                | 4.75 |
| SMALL BOWL MINI MUFFINS                           | 4.75 |

## BREAKFAST SANDWICHES

|  |     |
|--|-----|
| SMOKED SALMON W. CREME FRAICHE & SLICED CUCUMBER ON WHEAT                          | 12  |
| PARIS HAM & GRUYERE CROISSANT W. MUSTARDS & TAPENADE (SUB WHEAT)                   | 7   |
| BELOVED HARD BOILED EGG SANDWICH W/ FARM RAISED BACON, WATERCRESS & AIOLI ON WHEAT | 8   |
| NUTELLA & MASCARPONE SUGAR BRIOCHE   | 6.5 |
| ADD FRESH STRAWBERRY \$2 EXTRA   |     |

## SANDWICHES

|   |      |
|---|------|
| ORGANIC CURRIED CHICKEN WITH LINGONBERRY CHUTNEY ON RAISIN WALNUT                             | 8    |
| ORGANIC CHICKEN SALAD WITH APPLE, GRAPE & WATERCRESS ON RAISIN WALNUT                         | 8    |
| ORGANIC TURKEY BREAST WITH BRIE, PEAR, HONEY & FIG COMPOTE ON WHEAT                           | 9    |
| TUNA SALAD WITH APPLE & OLIVE TAPENADE ON OLIVE BREAD   | 8    |
| ORGANIC CAGE FREE EGG SALAD WITH ASPARAGUS ON WHEAT or 5 GRAIN                                | 7.5  |
| CUBAN STYLE: PORK LOIN, GRUYERE, HAM, PICKLES & MUSTARD ON CIABATTA                           | 9    |
| AUSTRIAN MEATLOAF W. DRIED TOMATO AIOLI, FRIED ONIONS & DIJON ON CIABATTA                     | 9.5  |
| ORGANIC CHICKEN WIENERSCHNITZEL W. LINGONBERRY CHUTNEY & AIOLI ON CIABATTA                    | 9.5  |
| GRILLED ORGANIC CHICKEN AVOCADO W. QUESO BLANCO & DRIED TOMATO ON CIABATTA                    | 9.5  |
| GRILLED ORGANIC CHICKEN 'BLT': BACON, TOMATO, ARUGULA & AIOLI ON CIABATTA                     | 9.5  |
| GRILLED ORGANIC CHICKEN GOUDA W. DRIED TOMATO AIOLI, ARUGULA ON CIABATTA                      | 9.5  |
| PROSCIUTTO & FRESH FIG WITH RICOTTA, HONEY & BALSAMIC REDUCTION ON RAISIN WALNUT              | 10.5 |
| VEGAN SANDWICH: HUMMUS, ROASTED VEGGIES & DRIED TOMATO W. BASIL PESTO ON 5 GRAIN              | 8.5  |
| ROASTED VEGGIE WITH FRENCH GOAT CHEESE, DRIED TOMATO & BASIL PESTO ON 5 GRAIN                 | 8.5  |
| GARDEN: HUMMUS, AVOCADO, WATERCRESS, TOMATO, CUCUMBER & CARROT ON 5 GRAIN                     | 8    |
| GORGONZOLA DOLCE WITH FIG COMPOTE, PEAR & HONEY ON RAISIN WALNUT                              | 9    |
| SMOKED SALMON WITH CREME FRAICHE, CUCUMBER & LIME ZEST ON WHEAT                               | 12   |
| GRILLED CHEESE: GRUYERE, TALLEGIO & RACLETTE ON 5 GRAIN W. CARAMALIZED ONION & GRAINY MUSTARD | 9    |
| ADD A DAILY SIDE SALAD \$2.50 Extra or SMALL CUP OF SOUP \$3.50                               |      |

## ORGANIC SALADS

ALTHOUGH WE PAIR OUR DRESSINGS, YOU MAY CHOOSE YOUR OWN VINAIGRETTE: HOUSE, BALSAMIC, LEMON OR FRUIT

|   |     |
|---|-----|
| CRISPY PROSCIUTTO & FIG SALAD WITH HALLOUMI, CANDIED PECAN & BALSAMIC ON ARUGULA                    | 13  |
| SALAD NICOISE: TUNA SALAD, GREEN BEANS, TOMATO, EGG, OLIVES W. MIXED GREENS                         | 11  |
| CHICKEN ARUGULA SALAD W. EDAMAME, CRANBERRY & CANDIED PECANS  | 12  |
| VEGAN: ARTICHOKE, TOMATO, EDAMAME, GREENS BEANS, HEARTS OF PALM, CUCUMBER & CORN                    | 9.5 |
| PULLED CHICKEN SALAD W. APPLE AND GRAPE W. CANDIED PECANS & MANDARIN ON ARUGULA                     | 11  |
| ROASTED VEGGIES W. FRENCH GOAT CHEESE & TOMATO ON MIXED GREENS                                      | 11  |
| BUFFALO MOZZARELLA W. CHERRY TOMATO, ZUCCHINI, PESTO, TAPENADE & SUNFLOWER SEEDS                    | 13  |
| THREE CHEESE SALAD: BRIE, GRUYERE, & GORGONZOLA W. DRIED FRUITS & NUTS                              | 12  |
| ADD ORGANIC CHICKEN BREAST \$4 ADD FRENCH GOAT/BRIE/ GOUDA/ GRUYERE \$2.50 ADD AVOCADO OR BACON \$2 |     |

## ORGANIC SIDE SALADS, PLATTERS & SOUP

|  |     |   |
|--|-----|---|
| SALAD TRIO (3 SIDE SALADS) SERVED W. BREAD   | 12  | (DAILY SELECTION VARIES)                    |
| SINGLE SIDE SALAD \$4 for 8oz / \$7.50 FOR 16oz (TAKE IT HOME WITH YOU!) (\$2.50 if you add to a sandwich) |     |   |
| CHEESE PLATTER: SELECTION OF FOUR FINE CHEESES WITH DRIED FRUITS, NUTS & BREAD BASKET                      | 15  |   |
| CHARCUTERIE PLATTER: SALAME, CHORIZO, PARISIAN HAM & BRESAOLA WITH OLIVES & BREAD BASKET                   | 15  |   |
| TASTING PLATTER: 6 SMALL SIDE SALADS MIXED (EGG, TUNA, CURRY, CHICKENSALAD & DAILYS)                       | 13  |   |
| SIDE OF TUNA SALAD, EGGSALAD, CHICKEN CURRY, OR CHICKEN SALAD W/ GRAPE                                     | 4   |   |
|  |     | ON A BED OF FIELD GREENS OR ARUGULA ADD 3.5 |
| DAILY HOT OR COLD SOUP CUP   | 3.5 | BOWL 5.5                                    |

## SWEETS & MORE

|   |   |
|---|---|
| COOKIES & BROWNIES by DELUSCIOUS 3.75 EACH    | MACAROONS by PAULETTE 20 / DOZEN          |
| AUTHENTIC AUSTRIAN STRUDEL 4.25               | PLEASE ASK ABOUT OUR CAKES, SORBET & MORE |
| TYRELLS OF THE UK CHIPS 2.95 SMALL 5.95 LARGE |   |

WE ALSO FEATURE A FULL COFFEE BAR, A LARGE SELECTION OF EUROPEAN SODAS & IMPORTED SWEETS

**FOOD + LAB**  
CAFÉ & MARKETPLACE  
7253 SANTA MONICA BLVD  
WEST HOLLYWOOD, CA 90046  
T: 323.851.7120  
F: 323.851.7177  
[www.foodlabcatering.com](http://www.foodlabcatering.com)  
[foodlabcafe@gmail.com](mailto:foodlabcafe@gmail.com)

**DELIVERY AVAILABLE**  
**MONDAY – FRIDAY 11AM – 2PM**  
**MINIMUM \$20**

DELIVERY FEE APPLIES

**PLEASE ASK ABOUT**  
**OUR DAILY SPECIALS &**  
**MONTHLY SEASONAL**  
**SANDWICH**

# TAKE OUT.